

History and Origins of Phyto-Resonance

Phyto-Resonance continues the tradition of ancestral practices that regard plants not only as biochemical substances but also as living beings carrying subtle information. Since antiquity, Egyptian, Chinese, and Ayurvedic medicine, as well as shamanic knowledge, have used plants according to their energetic signature, their affinity with specific organs, and their impact on the overall balance of the being.

In the 19th century, the emergence of vibrational and electromagnetic physics, particularly through the work of Faraday, Tesla, and Planck, opened the way to a new understanding of life as an oscillatory system. This vision was further developed in the 20th century through research in bioelectricity, biophysics, and cellular resonance, showing that cells communicate through electromagnetic signals as much as through chemical pathways.

Between the 1930s and 1950s, researchers such as Georges Lakhovsky, Royal Raymond Rife, and later Fritz-Albert Popp (biophotons) developed the idea that health depends on the vibrational coherence of biological systems and that certain frequencies can support or disrupt this coherence. These studies inspired modern approaches such as bioresonance, informational medicine, and frequency-based therapies.

At the same time, homeopathy (Samuel Hahnemann) and spagyrics introduced the concept of energetic information in remedies, independent of molecular concentration. These approaches directly influenced the vision of Phyto-Resonance, which considers that a plant conveys a specific vibratory signature capable of interacting with the informational fields of the organism.

It is in this context that we chose the term **Phyto-Resonance** to describe a specific approach connecting the plant world with the principles of vibrational resonance. No existing word precisely describes our practice: using the vibrational frequencies of plants and resonance to eliminate pathogens from the body.

We therefore wanted to create a term reflecting both the **botanical origin of the frequencies used (phyto)** and their **informational mode of action (resonance)**.

Phyto-Resonance thus lies at the intersection of:

- Traditional herbal medicine
- Energetic medicine
- Modern biophysics
- Frequency resonance approaches

while developing its own methodological framework.

It does not constitute a codified traditional discipline but an emerging approach based on observation, practical experimentation, and understanding of life as a coherent vibratory system.

Unlike classical herbal medicine, which focuses on active molecules, Phyto-Resonance is based on the principle that the **vibrational information of the plant** can be transmitted, amplified, or reproduced even in the absence of material substance, in order to interact with the informational mechanisms of living organisms.

Today, it allows for **supporting pathogen clearance and regeneration processes** in an effective, targeted, and personalized way.